

## SLEEP IN A SNAP

Sleep in a snap is a unique and restorative blend of essential nutrients. Snap, sip and sleep soundly, with the help of Melatonin and PharmaGABA®. Melatonin is a naturally occurring hormone that works with your body's chemistry to promote normal sleep cycles. Carefully balanced with PharmaGABA®<sub>1</sub> (gamma-Aminobutyric acid) a naturally occurring chemical compound produced in your brain. PharmaGABA® is clinically proven to significantly increase alpha waves and decrease beta waves, helping to calm the mind, and ease into maximum relaxation. 5-HTP (5-Hydroxytryptophan) is a compound produced in the body from the amino acid tryptophan. It is a precursor to the neurotransmitter serotonin and the hormone melatonin. This unique formula helps to enhance and regulate your normal sleep cycle which in turn helps ensure maximum performance throughout your days.

For related studies, please visit- <https://pharmagaba.com>



## O'SNAP Sleep

### Supplement Facts

Serving Size 1 Snap (4mL)  
Servings per Container 28

Amount Per Serving		% Daily Value
Calories 5		
Magnesium	20 mg	5%
Magnesium Glycinate		
Proprietary Blend	480 mg	†
PharmaGABA® (Gamma-Aminobutyric Acid), Suntheanine® (L-Theanine), 5 HTP, Inositol, Chamomile Extract (flower)		
Melatonin	3 mg	†

† Daily Value not established

**OTHER INGREDIENTS:** PURIFIED WATER, XYLITOL, GLYCERIN, MALIC ACID, NATURAL FLAVOR, REBAUDIOSIDE A (STEVIA EXTRACT), VEGETABLE JUICE POWDER (FOR COLOR), E-POLYLYSINE (PRESERVATIVE)